

New Program for Seniors Debuts in Ada

Benedictine Living Community-Ada is pleased to announce a new program to help seniors in Ada and the surrounding area stay active and socially connected.

“Mission Court Companions” is a free program open to the public consisting of monthly events specially designed for older adults. Seniors ages 60 and up are invited to join us at Mission Court each month for refreshments, entertainment, activities, educational topics, and more. There will be a variety of events hosted in support of seniors staying connected, active, well informed, and having fun!

Free handicap accessible transportation to the events is available within Ada city limits. If you are not comfortable driving in inclement weather, or unable to drive, we are happy to pick you up!

“Mission Court is excited to announce this new program for seniors in our area. We look forward to being a gathering place for all to come together to socialize and enjoy refreshments, conversation, activities, educational talks, and more,” states Cassie Visser, Foundation Development Director at Benedictine Ada.

“We know that social connectedness has many positive benefits including longer, more fulfilling lives and better health, well-being and quality of life. We encourage older adults in our area to join us at these fun, welcoming events, where you can enjoy the company of your neighbors and acquaintances also make new friends,” Visser added.

The first “Mission Court Companions” event will be held Thursday, March 21st from 2:30-4:30 p.m. at Mission Court Independent Living community. Featured at the event will be live music by Steve Worner, refreshments, and a chance to win \$50 Chamber Bucks for all attendees. There is no cost for this program, and you are welcome to bring a friend. Call 218-784-5760 to RSVP or arrange for a free ride. We hope to see you there!

