## Prior to Using the Swing: Read and Follow these Instructions

## How to use the Wheelchair Accessible WhisperGLIDE Swing



WARNING: Use only with supervision of an adult or caregiver properly trained in using the swing.



**1.** Secure BOTH swing lock-ups, located on each side of the swing, into the ground receptacles to stabilize the swing prior to entry and exit.



**2.** Adjust the Stop Bar to allow adequate space for the wheelchair.



**3.** Turn the gearbox crank counter-clockwise to lower the wheelchair ramp until the ramp is fully resting on the ground.



**4. Slowly** push the wheelchair up the ramp and properly position it onto the platform. Standard Adult or Child-size wheelchairs: The back of the large rear wheels should extend three (3") to four (4") BEYOND the edge of the platform. **Geri Chairs, Power wheelchairs, Trail wheelchairs or Custom wheelchairs: The back of the rear wheels should be <b>FLUSH** to the back edge of the platform.

**WARNING:** Always have a trained individual move the wheel-chair onto and off the swing platform when the ramp is resting fully on the ground. **CAUTION:** Power wheelchair users must enter the swing SLOWLY AND CAREFULLY. Failure to do so could result in loss of wheelchair control and risk of injury.

**5.** Lock the wheelchair brakes! WARNING: Failure to lock the wheelchair brake could result in loss of wheelchair control and risk of injury.



**6.** Raise the ramp by turning the gearbox crank clockwise until the ramp is firmly against the back of the rear wheels of the wheelchair.



**7.** Adjust the front Stop Bar to secure against the front wheels of the wheelchair. NOTE: It may be necessary to remove the wheelchair foot-rests or tilt the chair to raise the foot-rests over the Stop Bar so the front wheels are secured against the Stop Bar.



**8.** Re-adjust the ramp, if necessary, so the ramp is touching the rear wheels of the wheelchair.

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**9.** Release the swing lock-up nearest to the wheel chair.



**10.** Seat yourself and/or another individual in the swing. If using the optional lap bar on the bench seat, place it in-between the vertical hangers,

resting it on top of the arm rests. Release the second lock-up located by the bench seat.





**11.** Gently swing using the therapeutic handles (located on vertical swing hangers on wheelchair side) or the table handle rail or using one's feet on the platform.

**NOTE:** The WhisperGLIDE Swing is designed for gentle back-and-forth motion. It is not intended for rigorous exercise. The WhisperGLIDE Swing is designed with user-safety in mind. **DO NOT enter or exit while swing is moving.** 

- **12.** At the conclusion of the swinging activity:
- Secure the swing lock-up on the bench seat side; exit the swing. Secure the swing lock-up on the wheelchair side.
- Slowly lower the wheelchair ramp by turning the gearbox crank counter-clockwise until the ramp is fully resting on the ground. To avoid severely damaging the swing, the ramp MUST be lowered all the way to the ground BEFORE guiding the wheelchair off the platform.
- Release the wheelchair brakes.
- Slowly guide the wheelchair off of the swing.
- **CAUTION:** Power wheelchair users must exit the swing SLOWLY AND CAREFULLY to avoid loss of wheelchair control and risk of injury.
- Crank up the ramp to a 90 degree, vertical position.
- Padlock the swing's lock-up when proper adult supervision is not available.



- Use only under adult or caregiver supervision that have been properly trained on swing use.
- **DO NOT** enter or exit the swing while the swing is in motion.
- To reduce risk of injury, **ALWAYS stay seated**, sitting upright, with hands, head and feet inside seating area.
- **DO NOT** lean sideways past the vertical hangers or arm rests.
- **DO NOT** allow children to stand on the swing seats.
- **WEIGHT LIMITS:** Total weight of all swing occupants is not to exceed 900 pounds. Limit total weight of the wheelchair and the occupant to 450 pounds.

Experience the Feeling!



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